

When assisting someone who has suffered domestic violence or sexual assault

ALWAYS ASK

IF ANY PRESSURE HAS BEEN APPLIED TO THE NECK

AND ...

D

Help **DOCUMENT** the abuse

O

Take the time to **OBSERVE** the victim for subtle signs and symptoms of strangulation and suffocation

M

Encourage the victim to seek **MEDICAL ATTENTION**

O

OFFER HOPE by educating victims about their rights, local resources, and the science of Hope

R

Make sure to conduct a **RISK ASSESSMENT**

E

EDUCATE the victim and others about the seriousness, lethality and long-term consequences of non-fatal strangulation assault



THE TRAINING INSTITUTE ON STRANGULATION PREVENTION

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This project is supported all or in part by Grant No. 2016-TA-AX-K067 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.