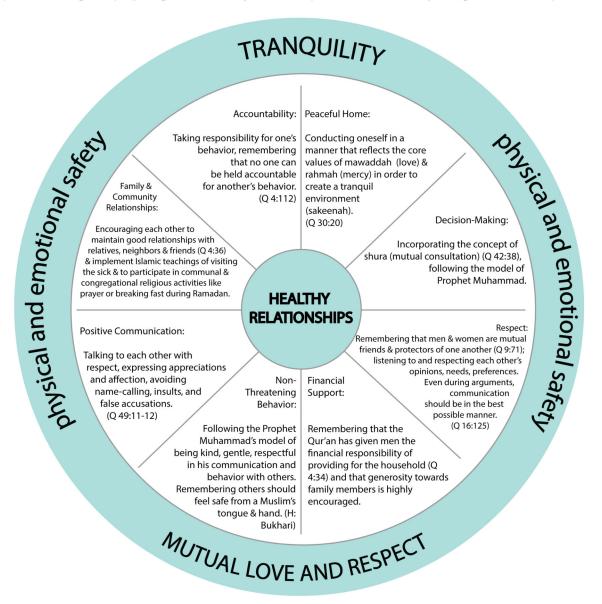
## HEALTHY RELATIONSHIPS WHEEL FOR MUSLIM FAMILIES

Islamic teachings from the Qur'an (Divine book) and the Hadith (sayings & teachings of Prophet Muhammad) provide a model for healthy relationships and families in which the objective is a tranquil environment for all family members. Islamic teachings promote treating other people in general, and family members in particular, with kindness, justice, gentleness, and respect.



Note: **Q** refers to Qur'an with the chapter and verse listed **H** refers to hadith with the source listed

Peaceful Families Project

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