

PEP AND PREP FACT SHEET



What is HIV?

Human Immunodeficiency Virus

A virus that causes AIDS (Acquired Immunodeficiency Syndrome)

HIV can be found in semen, vaginal and rectal fluids, blood, and breast milk

HIV damages the body's immune system and decreases the body's ability to fight off disease

How is HIV Shared?

- ▶ Unprotected oral, vaginal, or anal sex
- ▶ Injection drug use and/or sharing needles
- ▶ In Utero
- ▶ Breastfeeding
- ▶ Physical and/or sexual assault

What is PEP?

PEP is Post-Exposure Prophylaxis

PEP is an emergency medicine that can stop HIV before it infects your body

When Should I take PEP?

If you are HIV-negative and think you have been exposed to HIV

If you are regularly taking PrEP, usually you will not need to take PEP after a possible exposure

Ask a health care provider for advice if it is for you or not

PEP is not used to fight against STD/STI's

How Does PEP Work?

PEP should be taken within 72 hours of exposure and must be taken continuously for 28 days



What is PrEP?

PrEP is Pre-exposure Prophylaxis

PrEP is a prescribed pill from a health care provider

It is an effective way to prevent HIV infection

PrEP is not used to fight against STD/STI's

It is most effective when used with other prevention methods (Condoms)

How Do I Know if PrEP is for Me?

If you are HIV-negative

If your partner(s) are HIV-positive or their HIV status is unknown

If you've had an STD in the past 6 months

If you don't always use condoms

If you have sex under the influence

If you or your partner(s) use injection drugs

How Does PrEP Work?

PrEP is usually taken daily

PEP IS 99% EFFECTIVE IF TAKEN WITHIN 72 HOURS OF POSSIBLE EXPOSURE